

Lambda Phoenix Center

AUGUST 2009

CELEBRATING A BIRTHDAY IN AUGUST

Members of Lambda Phoenix Center celebrating recovery birthdays this month are:

Jon B. 8-22-07
Alan B 8-3-85
Joe 8-16-03
Doreen C 8-16-79
Dave M 8-15-02
Aaron A 8-31-89
Anjanette F. 8-20-06
Sheryl H. 8-20-06

Recovery birthday dinners take place at 7 p.m. on the first Sunday of the month. The cost is \$7 for non-members, \$5 for members and free for those celebrating their special day.

Everyone who celebrated a birthday the previous month gets a chance to share their experience, strength and hope at the 8 p.m. speaker meeting following the meal.

Will your recovery birthday occur in September? We'd like to announce it in the next newsletter. It's a great way to show newcomers that recovery really works.

Send your first name, last initial and recovery date to newsletter@phxlambd.org by Sept 7.

A Message From Your Board...

As we approach our LPC Annual Meeting and Board elections, we wanted to take a moment to reflect on this past year—our challenges and our accomplishments...there have been many. As many of you know Lambda has recently disseminated updated and revised "Standards of Conduct" for our facility and while many of these standards already existed, as established by prior Boards, there are some new guidelines, as well as a few lawful reminders that have not been previously communicated or posted.

It was with much deliberation and heavy hearts that one standard in particular was decided upon with a Board "group conscience" along with input from numerous concerned members who attended Board meetings, and advice from legal counsel and that is the updated standard pertaining to unattended minors in the LPC facility. The decision to require a parent, parental consent, and/or a legal guardian for youth to be at LPC was rooted in the occurrence of illegal activity that at the advice of our legal counsel, and as required by the law, was reported to the appropriate authorities. The result is a more precise and updated stipulation that allows us to better lookout for and protect young people seeking recovery in the future. There have also been other incidents of illegal activity that required the Board to examine how we are protecting our community, as well as the facility, from the potential aftermath of illegal activities occurring on site or in association with LPC. These were not easy decisions nor ones that were taken lightly.

Our mission at LPC is to provide a safe and comfortable environment for all those seeking 12-step recovery and these illegal activities threatened and undermined those efforts. While the majority of our efforts and time as a Board are spent addressing more constructive and positive concerns, we are often faced with issues that challenge us. It is in these tests that we have opportunity to grow.

The gift of this recent challenge, and there always seems to be a gift, is that LPC has collaborated with 1n10 to develop and provide 12-step recovery meetings for the youth community in a safe and loving environment that allows them to find their recovery path with other young people facing similar challenges. We are very excited about this new program and the opportunity for LPC to work with such a fine organization as 1n10, a local non-profit that provides support, counseling, and activities for GLBTQ youth in the Valley.

Some of our many other accomplishments and opportunities to in grow this year include:

- Furthering our way along the path of rezoning the west parking lot. We are currently awaiting a City of Phoenix Historic overlay code review before our zoning application can be formally submitted. *(continued on page 2)*

Membership Counter



Annual Meeting

LPC needs your support at the annual meeting on 9/13 at 1:00pm. Come let your voice be heard!

All are welcome but only LPC members may vote. The Board as a whole is elected at this meeting (not Board positions). It is also the time that priorities for the upcoming year are decided!

We look forward to seeing you there!

Become an LPC member today & help us reach our goal of 100 members!

A Message From Your Board...(continued)

- Our Development Director, Karin F., along with a great subcommittee, is focusing some of their initial efforts on fundraising for updated and handicap accessible bathroom facilities.
- Our Activities Director, Stevie B., along with a creative and enthusiastic subcommittee, are working hard on producing LPC's 1st Annual golf tournament slated for tee-off in early 2010 and is sure to be a huge success.
- Our Webmaster, Scott H. has spent numerous hours of service redesigning and making extensive improvements to our website, furthering our goals of greater communication to our members and meeting attendees. Check it out to see and experience for yourself all the great new tools and information available at www.phxlambd.org
- Our Outreach Director, Michael S., in collaboration with Karin F. of Development and numerous volunteers, put on LPC's 1st Annual Open House this past May 2009, reaching out to the local recovery support community to let them know we are here, who we are, and that we hope to aid in their recovery efforts through our meetings and activities.
- Our Secretary, Chris S. has graciously stepped up his service efforts by also acting as our temporary Communications Director, producing LPC's monthly newsletter as we continue to provide up-to-date information and news to our members and community about LPC happenings and events.

And last, but not least, we conducted our first of many community surveys to learn about our members, what they want, and what we as a Board can improve upon. We received phenomenal feedback and ideas on how we can continue to make LPC better.

As you can see, it's been a busy year, but our work is never done! Our upcoming Annual Meeting is on Sunday, September 13th at 1:00p.m. and we need your help in continuing to make LPC a safe, fun, and welcoming 12-step recovery facility. We as a Board want to hear from you, our members and our community, as to what you think our goals should be for the upcoming year, if you are able and willing to be of service to further those goals, or just come and be heard. This is your community, your facility, your recovery so I encourage you to make the time to invest in and support it in any way you can---be of service, provide financial support, or support our efforts to sustain LPC in whatever way you can. We look forward to seeing you there and at LPC as we continue down our paths of recovery together.

In Service
Anjanette F.
President

Memberships Reduced!

Now memberships are \$60/year or \$5.00/month! Use your credit or debit card to make an automatic \$5.00/monthly donation. See our web site at www.phxlambd.org for details!

Lambda Phoenix Center serves members of the gay, lesbian, bisexual and transgender community seeking recovery. We are a meeting place for 12-step programs for alcoholics, drug and nicotine addicts, family and friends of alcoholics, overeaters, and compulsive gamblers. As we look to the future, we see Lambda continuing to grow as the center's work evolves. We welcome all those who are seeking his or her individual style of recovery and thank all of those who contribute to this essential cause. Visit us at: 2622 N 16th Street, Phoenix AZ 85006, send us mail at: PO Box 80393, Phoenix AZ 85060 or call us at: (602) 635-2090.